

Upcoming Events

May 2
National Day of Prayer

May 5
5:00 pm Awana Derby & Tacos

May 12
Mother's Day

No evening services

May 14
11:30 am Senior Lunch

May 15
5:30 pm Mission Meal

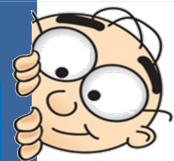
May 19
Graduate Sunday

6:00 pm Church Birthday Party Covered Dish

May 26
No evening services

May 27
Memorial Day

VBS is right around the corner. Are you praying?!?



Marriage Minute

from gottman

Being "Right" vs. Being A Team

Have you ever felt tempted to "win" arguments with your loved one? This mindset is actually counterproductive and can damage your relationship over time.

By accepting that both you and your partner have a valid point of view, it becomes much easier to empathize with your partner's feelings and deepen your understanding of their inner world. You don't have to agree, but to work through difficult emotions or a regrettable incident, you need to show respect for their opinions. When you do this and your partner does this for you, it becomes much easier to find a solution that works for both of you.

"Our conflict discussions backfire when we insist that our perception is the only one that's right, which, of course, makes our partner's perception wrong."

DR. JOHN GOTTMAN

The Gottman Institute

So, next time you are in conflict with your partner, try to remind yourself you're part of a team. Try to find a solution or compromise together, rather than trying to "win".

This marriage minute is from The Gottman Institute. You can find this and other great information at www.gottman.com

Mount Vernon Baptist Church

Serving in Love. Growing in Faith

Newsletter
May 2024



DEACON DISCUSSION (contributed by Brian York)

May is the month in which we honor our mother's. Mother's Day was first recognized as a national holiday in 1914 to be celebrated on the second Sunday of May each year.

When I look at Mother's Day, and how we set aside one day a year to recognize, and celebrate the women that we call Mom, I can't help but think that one day just isn't enough. When we consider all that our mother's have done, and continue to do for us, we should show honor and appreciation to her everyday of the year.

The Bible gives us several examples of mothers who served God well. From Sarah, Jochebed and Hannah in the old Testament to Elizabeth,

Mary, Lois and Eunice in the New Testament; we read of mothers and grandmothers who feared God, and raised their children to serve God.

Nothing can replace the love, compassion, sacrifice, and encouragement of a godly mother. The Bible tells us that the characteristics of a godly mother are that she is forgiving, generous, obedient to God, she prays and reads His Word, and that she trust in the Lord. These are characteristics that should be a part of every Christian's life, not just our moms.

I'm thankful that my own mother has modeled this to me, and my family, and that I see the same qualities in the mother of my own children. We should, also, be thankful

for the many godly women in our church who display these qualities as they serve and lead. Where would our church be without the love and sacrifice of our ladies, past and present?

For those who have had or still have a mother that models godly characteristics, be thankful! If you weren't fortunate to have a mother with these characteristics, I'm sure God has placed a lady in your life that has shown you love, compassion, and encouragement, so be thankful for her as well. Whatever your situation, honor the woman you consider your "mom", and thank God for her!

Mount Vernon Baptist Church
145 Mount Vernon Church Road



P1
Feature
Article

P2
Serve
and
Grow

P3
Children
And
Youth

P4
Life
Celebrations

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Prayer List

If you have added a name to the prayer list, please remember to give updates or let us know when you would like for us to take them off.

Paula Steele	Marty Gaither	Chase Fielden	Joe Redmond
Angie Wooten	Jack Henderson	Medford Holland	Don Johnson
Logan Sloan	Larry Tench	Mauney Marlowe	Billy Steele
Jimmy Dagenhardt	Barry Sloan	Corinna Adkins	Oliver Smith
Ruia Merritt	Cheryl Gibson	James Plyler	Chuck Tench
Harry Lite	Tonda Hopkins	Glenda Shaver	Hoppy Hopkins
Virginia Williams	Gary Johnson	Mike Setzer	Van Snyder
Roger Barnette	Tony Shaver	Larry Tench	Patricia Gaither
Mike Laws	Timber Smith	Teresa Lentz	Donnie Moose
Kimberly Souther	Yvonne Morton	Nancy Branton	
Hunter Stamey	Donnie Seiple	Judy Denham	

Pastor/Speaker Schedule

May 5th
Rev. Bill Phillips

May 12th & 19th
Rev. Joe Woodward

April 28th
Evangelist
Neal Hatfield



SENIOR ADULTS

We look forward to having you on **May 14** for our Senior Meal. Please come and bring a neighbor or friend. Make sure to mark your calendars for **June 11**. In lieu of our Senior Meal on campus we will take the bus to Taylorsville to Scotty's Hometown Grill. Scotty's offers daily lunch specials and great dessert options! We will share our meal with Harry. Watch for a signup sheet in the foyer in May.

Children's News

May 5th
AWANA Car Derby & Churchwide Taco Meal

June 9th
VBS Kickoff 5 pm- 8 pm

June 10th
14th VBS 6 pm- 8:45 pm



SERVE AND GROW

Mission Meal
May 15th @ 5:30 pm
to benefit



This is drop in and will be served until 6:30pm. Take out available. Meal will be provided. Monetary donations will be accepted for this ministry. Matthew 25 provides food, clothing, utility assistance, etc. WMU/Men will meet together for the meeting and a guest speaker from Matthew 25 (Champelle Parks) will be here to talk about Matthew 25. Meet in the Fellowship Hall. (FYI Youth have been invited too).

Menu for meal: Sloppy Joes, Beans, slaw, chips and dessert.

WMU® God's mission.
Our passion.

WMU news: Thank you to everyone who donated to Springfest both in time and in water/cookies. We were able to tell several about our church. The evening Ladies Bible Study is off to a great start. It is great to see so many attending the morning and evening studies!

Join us May 19th at 6pm for our church wide Birthday Party! Bring a covered dish to share (dessert provided) and let's socialize together! Fun for all ages!

SHOPPING LIST

S canned meats
Y beans (canned or 1 lb. bags)
B small packages of biscuit or
A cornbread mix
F macaroni and cheese
O spaghetti noodles
O spaghetti sauce
D tomato sauce
P canned ravioli, spaghetti,
A etc.
N peanut butter
T crackers
R toiletry items (shampoo,
Y soap, toilet tissue)



YOUTH NEWS

The Youth had a great time last month working and fellowshiping at the Dagenhardt's. We also want to say a big **CONGRATULATIONS** to our high school graduates, **Brianna York & Addison Reavis**, and to **Izzy Anderson** as she begins high school.



Deacons

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Wayne Dagenhardt
704-450-2791

David Prevette
704-902-1340

Phil Arrington
704-880-5850

Clint Van Hoy
704-880-4205

Brian York
704-450-9687